



# ANNUNCIATION

CATHOLIC SCHOOL Safe Snack List

Please remember to check labels each time a product is purchased, as ingredients may change.

Please do not bring in products stating:

- “May contain traces of peanuts and tree nuts.”
- ”Manufactured in a facility where peanuts and tree nuts are present.”

## FRUITS AND VEGETABLES:

Fresh Fruit and Vegetables  
Raisins (Dole, Sun Maid, Newman’s)  
Craisins (Ocean Spray)  
Fruit Cups (Del Monte, Dole)  
Applesauce Packs (Mott’s, Musselman’s,  
Most Organic Brands)

## DAIRY:

Cheese, Yogurt (without candies), Most  
Puddings

## SALTY SNACKS:

### FRITO LAY

Fritos, Doritos, Cheetos Lay’s Classic and  
Baked Potato Chips, Ruffles Original Potato  
Chips, Regular Sun Chips, Rold Gold Pretzels

### OTHER BRANDS

Potato Chips (Original Pringles, Cape Cod)  
Popcorn (Old Dutch, Vic’s, Angie’s)  
Some Vegetable Chips  
Some Tortilla Chips  
Most Pretzels  
  
Most Rice Cakes

## CRACKERS:

Sunshine Cheeze-Its  
Pepperidge Farm Gold Fish (not cinnamon)  
Breton Crackers  
Most Water Crackers, Most Melba Toasts

### NABISCO

Ritz (plain), Saltines, Triscuits, Wheat Thins

### KEEBLER

Club and Townhouse Crackers (not  
sandwiches)

## CEREALS:

### GENERAL MILLS

Cheerios (Plain, Multi-Grain - NOT Honey  
Nut)

### KELLOGG’S

Raisin Bran and Raisin Bran Crunch, Frosted  
Mini Wheats, Fruit Loops, Rice and Cocoa  
Krispies

## **GUMMIES:**

### GENERAL MILLS

Fruit Roll Ups, Fruit by the Foot, Gushers  
Most Other Brand