



ANNUNCIATION
CATHOLIC SCHOOL Safe Snack List 2014-15

Please remember to check labels each time a product is purchased, as ingredients may change.

Please do not bring in products stating:

- “May contain traces of peanuts and tree nuts.”
- ”Manufactured in a facility where peanuts and tree nuts are present.”

FRUITS AND VEGETABLES:

Fresh Fruit and Vegetables
Raisins (Dole, Sun Maid, Newman’s)
Craisins (Ocean Spray)
Fruit Cups (Del Monte, Dole)
Applesauce Packs (Mott’s, Musselman’s,
Most Organic Brands)

DAIRY:

Cheese, Yogurt (without candies), Most
Puddings

SALTY SNACKS:

FRITO LAY

Fritos, Doritos, Cheetos Lay’s Classic and
Baked Potato Chips, Ruffles Original Potato
Chips, Regular Sun Chips, Rold Gold Pretzels

OTHER BRANDS

Potato Chips (Original Pringles, Cape Cod)
Popcorn (Old Dutch, Vic’s, Angie’s)
Some Vegetable Chips
Some Tortilla Chips
Most Pretzels

Most Rice Cakes

CRACKERS:

Sunshine Cheeze-Its
Pepperidge Farm Gold Fish (not cinnamon)
Breton Crackers
Most Water Crackers, Most Melba Toasts

NABISCO

Ritz (plain), Saltines, Triscuits, Wheat Thins

KEEBLER

Club and Townhouse Crackers (not
sandwiches)

CEREALS:

GENERAL MILLS

Cheerios (Plain, Multi-Grain - NOT Honey
Nut)

KELLOGG’S

Raisin Bran and Raisin Bran Crunch, Frosted
Mini Wheats, Fruit Loops, Rice and Cocoa
Krispies

GUMMIES:

GENERAL MILLS

Fruit Roll Ups, Fruit by the Foot, Gushers
Most Other Brand